

About the Oregon Friends of C.G. Jung

The visionary Swiss psychiatrist Carl Gustav Jung (1875-1961) was a pioneer in depth psychology who remains a source of inspiration and enlightenment for those who are open to the wisdom, creativity, and healing potential of the psyche. Oregon Friends of C.G. Jung offers lectures and workshops in which Jungian ideas are explored in depth.

Jung suggested that the psyche unfolds toward wholeness over the course of a lifetime, and our public programs are presented in the spirit of realizing this possibility at both the personal and collective levels – through a community of understanding. Those who attend our lectures and workshops seek to enlarge and deepen their understanding of life's challenges and stages with the expectation that this inner work confers an abiding sense of shared meaning and purpose.

Since 1974, our volunteer organization has offered programs by leading Jungian analysts and scholars from around the world who bring their insightful and innovative perspectives to our community in Portland. Our members and our audience-at-large span all walks of life and all levels of familiarity with Jungian psychology.

In addition to our annual program season, we offer an extensive library of books, journals, and recordings of our speakers. We invite you to attend our events and participate in a community of seekers who value an inner life.

OFCGJ Board of Directors

Rick Brodner, Jelly Helm, Brian Lanahan, Gael Nance, Jolinda Osborne, Leonora Perron, Cleo Reilly, Roger Smith, Katharyn Waterfield

For more information

Write to us at info@ofj.org or leave a message at 503-223-3080.

One of our volunteers will get back to you as soon as possible. You can also learn more about us and our programs, and search our library catalog, at our website: www.ofj.org.

About the presenters

Jeffrey Kiehl, PhD, is a Diplomate Jungian Analyst and senior training analyst for the C.G. Jung Institute of Colorado and the Inter-Regional Society of Jungian Analysts. He is a climate scientist, an adjunct professor at the University of California, Santa Cruz, and an adjunct faculty member of Pacifica Graduate Institute. He is the author of *Facing Climate Change: An Integrated Path to the Future*, which provides a Jungian perspective on climate change. Jeffrey has presented on various Jungian topics at national and international conferences. He lives in Santa Cruz, CA.

J. Gary Sparks, M.Div, is a 1982 diploma graduate of the C. G. Jung Institute in Zürich. He is the author of *At the Heart of Matter: Synchronicity and Jung's Spiritual Testament*; *Valley of Diamonds: Adventures in Number and Time* with Marie Louise von Franz; and *Carl Jung and Arnold Toynbee: The Social Meaning of Inner Work*. As a contributor to the recent Zürich publication of *Jung's Red Book for Our Time*, he finds endless wealth in Jung's inner creative journey. His interests also include the parallels between the new physics and Jung's psychology. He lives and practices in Indianapolis, Indiana.

Jutta von Buchholtz, PhD, is a senior Jungian analyst, with a doctorate in medieval literature from Vanderbilt University, which lends itself beautifully for a Jungian approach to fairy tales. She finds it deeply moving how archetypal themes, so cleverly and movingly embodied in fairy tales, continue to play themselves out in our daily lives in the twenty-first century – they bind and contain our common humanity. As part of her midlife crisis she received her diploma from the C.G. Jung Institute Zürich. Jutta is involved in training future Jungian analysts in the New Orleans and Atlanta/ Memphis seminars. She sees clients in Birmingham, Ala.

Tess Castleman, MA, LPC, is a Jungian training analyst and the author of *Threads, Knots, Tapestries* and *Sacred Dream Circles*. Besides practicing in Dallas and Zurich, she leads groups in dream circles, writing seminars, creative process experience as well as active imagination/dream retreats in locations throughout the world. She was elected to the Curatorium, (the governing body of the Jung Institute of Zurich) as the only non-resident of Switzerland where she served for six years. There she helped to implement a revamped English training program. She has founded Das Tiefengeist Institut, a training institute for helpers and healers to deepen their work with the unconscious. She lives in Manitou Springs, CO and Dallas, Texas.

For information about our upcoming presenters, please visit www.ofj.org

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OREGON FRIENDS OF C.G. JUNG



A JUNGIAN VIEW OF CLIMATE CHANGE
HEALING THE SPLIT
WITH THE NATURAL WORLD
JANUARY 18-19

CARL JUNG'S RED BOOK
HEALING THE CHAOS
FEBRUARY 15-16

THE HEALING POWER OF FAIRY TALES
MARCH 15-16

THE LITTLE DREAM
THAT DOESN'T MEAN ANYTHING
APRIL 12-13

PROGRAM SERIES

WINTER/SPRING 2019

Membership

A membership in Oregon Friends of Jung brings you into a vibrant, diverse community of other engaged individuals on the journey to understanding and wholeness. Annual (Sept 1, 2018 – Aug 31, 2019) benefits include:

- **Free admission** to all eight Friday Talks (*Value:* \$160)
- **Reduced Saturday workshop fees**—save \$20 per workshop (*Value:* \$160)
- **Library privileges**—borrow books, audio/video from our vast collection
- **Online audio streaming**—listen to archival recordings of OFJ Friday Talks
- **Reciprocal membership**—Jung Society/Seattle and Eugene Friends of Jung

Membership—includes free admission to all eight Friday Talks and reduced fees for Saturday Workshops (*Value:* \$320) \$95

Journey Membership

This year we are excited to announce a new membership level, the **Journey Membership**, designed for those seeking deeper engagement with the work of Carl Jung. Journey Members receive all of the above benefits, plus:

- **Free admission to all eight Saturday Workshops** (*Value:* \$880)

Journey Membership—includes free admission to all eight Friday talks and eight Saturday workshops (*Value:* \$1,040)..... \$445

Friday Talks & Saturday Workshops

A Jungian Veiw of Climate Change

Jeffrey Kiehl, January 18–19

Friday Talk Public \$20
 Saturday Workshop Member \$90 / Public \$110

Carl Jung’s Red Book: Healing the Chaos

Gary Sparks, February 15–16

Friday Talk Public \$20
 Saturday Workshop Member \$90 / Public \$110

The Healing Power of Fairy Tales

Jutta von Buchholtz, March 15–16

Friday Talk Public \$20
 Saturday Workshop Member \$90 / Public \$110

The Little Dream That Doesn’t Mean Anything

Tess Castleman, April 12–13

Friday Talk Public \$20
 Saturday Workshop Member \$90 / Public \$110

Your tax-deductible donation helps cover the cost of our programs. Thank you! \$ _____
 Name _____

Address _____

City, State, Zip _____

Email _____ Phone _____

*Please mail completed form with check payable to **Oregon Friends of Jung, 811 NW 20th Ave., Portland, OR 97209.** You may purchase memberships and program tickets through our website, **ofj.org**. Confirmation for check registration will be sent by email. Please pick up your membership card at a Friday Talk or Saturday Workshop event. No refunds offered for Friday talks. Written requests for Workshop refunds will be honored if received a week in advance, minus a \$15 handling fee.*

Join us at a weekend program

We welcome all people in all stages of life, with varying levels of familiarity with Jung’s work.

Our Friday Talks provide a stimulating introduction to the speaker and his or her ideas. After a brief welcome, our guest presenters speak for an hour, followed by a short break and a lively question and discussion session. Lobby doors open at 6:45 p.m., programs begin at 7:30 and end promptly at 9:30.

Saturday Workshops allow for a deeper and more intimate experience with the presenter and material, and sometimes include films, writing, and art-making. Lobby opens at 9:15 a.m., workshops begin promptly at 10 and finish at 3 p.m., with occasional breaks, including an onsite 45-minute lunch break. Please bring a bag lunch. Complimentary coffee/tea available.

Visit the Fae Dougan Library

Located at 811 NW 20th Avenue, our library is open to the public on Saturdays from noon to 3 p.m., except program and holiday weekends. All are welcome to spend time in our library, though checkout privileges are reserved to OFJ members.

Our outstanding collection of Jungian books and materials, including recordings of past programs, Jungian journals, and the latest books by recent speakers, can be viewed on our online catalog at **ofj.org**

Become an OFJ subscriber

Create an account at **ofj.org** to receive updates on our weekend programs and speakers, advance notice of special small group seminars, as well as provocative Jungian ideas. We never share your email address.

Volunteer at an event

OFJ relies on the help of volunteers to deliver these wonderful programs. As a thank you, volunteers receive scrip to use toward Saturday Workshops. You must be a member to volunteer. Contact us at volunteers@ofj.org

Enjoy our annual spring meeting

Members are invited to join us for our annual Light-Hearted Event. Enjoy conversation and refreshments with the Board and other members.

Earn CEU credits

Continuing Education credit available from NASW. Lecture: \$5, Workshop: \$10, Lecture & Workshop: \$10. Sign up at the event.

Scholarship information

A limited number of scholarships are available for workshops. Please write to us at info@ofj.org or call us at 503-223-3080 to apply.

Consider a donation

Your financial support allows us to continue the work of bringing renowned analysts and scholars to Portland to illuminate and encourage us on our shared journey. Help keep Jungian thought alive in our community by sharing your tax-deductible contribution at the registration table, by check mailed to our office at 811 NW 20th, or through our website, **ofj.org/donate**.

JANUARY A Jungian View of Climate Change: Healing the Split With the Natural World

JEFFREY KIEHL, PhD

**Friday Talk
 January 18**
 7:30–9:30pm
 Unity of Portland
 4525 SE Stark St

Jungian psychology provides a unique means to understand the great resistance to addressing the issue of human caused climate change, for it recognizes the importance of the unconscious in our lives. I will explore how the dynamics of unconscious processes relate to climate change and how these processes provide pathways to engaging the problem. I will consider further the current myths that lie at the root of our collective dissociation from Earth. We will conclude with a discussion of how to make the essential reconnection to the sacredness of Earth.

**Saturday Workshop
 January 19**
 10am–3pm
 Unity of Portland
 4525 SE Stark St

Mandala as a Path to Healing

Jung identified the mandala as an archetypal image of wholeness. In this workshop we explore the manifold forms of mandalas, West and East, and how they can help us heal our split with the natural world. Mandalas make the invisible visible and are portals into deep psychic experiences. We discuss how mandalas provide a bridge between the macrocosm and the microcosm, and how they provide a lens through which we can view our sacred world. We will learn how to make mandala practices a part of our everyday lives.

FEBRUARY Carl Jung’s Red Book: Healing the Chaos

J. GARY SPARKS, M.Div, MA

**Friday Talk
 February 15**
 7:30–9:30pm
 Unity Church
 of Portland
 4525 SE Stark

In 1913 Swiss psychiatrist Carl Jung embarked on a remarkable inner journey. Devotedly attending to his dreams and fantasies, for the next fifteen years Jung exquisitely painted the emotions and images he found within. This record was published in 2009 in his superbly illustrated *Red Book*. As he focused inside, Jung was immediately inundated with inward scenes of global catastrophe. In less than a year, beginning in 1914, the First World War ravaged his continent with a bloodthirsty unknown to history. Observing his heart of hearts, Jung found vivid symbolic experiences that not only personified his personal psychology, but also revealed the devastating war’s underlying dynamics. Despite the passing of a century, the clarity of those lessons will guide us through precious insight into the seething cauldron of our own era.

**Saturday Workshop
 February 16**
 10am–3pm
 Unity of Portland
 4525 SE Stark St

We will continue exploration of the *Red Book’s* imagery, while adding examples of contemporary dreams, fantasies, and art attesting to the ongoing importance of Jung’s *Red Book* for our time. The workshop is multimedia, with plenty of opportunity for questions and discussion. The weekend presentations do not assume prior familiarity with Jung’s *Red Book*.

MARCH The Healing Power of Fairy Tales

JUTTA VON BUCHHOLTZ, PhD

**Friday Talk
 March 15**
 7:30–9:30pm
 Unity of Portland
 4525 SE Stark St

Why fairy tales? When Jung discovered the archetypal realm of the collective unconscious, he also found that through the ages myths, fairy tales and legends provided a “clothing” for these otherwise invisible, potentially healing psychodynamics. When we listen to fairy tales our soul is invited to journey into lands of horror and violence as well as enchanting rescues and romances. Fairy tales assure the listener – adult and child alike – that while evil, danger and violence do exist, they can be transformed. By entering into the magic of a fairy tale, our psyche re-connects with the healing potential of the archetypal realm.

Disobedience, Evil, Animals and Happily Ever After

**Saturday Workshop
 March 16**
 10am–3pm
 Unity of Portland
 4525 SE Stark St

Fantastic journeys, heroic deeds and helpful animals are among the archetypal topics we will work and play with during the workshop. Jungians have learned that attending to fairy tales can reconnect us to levels of our psyche where through the transcending function of symbols, insight, growth and healing can take place. Fairy tales belong in our inner nursery fostering active involvement with fantasy and creativity. Anyone dealing with the child inside one’s soul or from without as parent or professional can enjoy and benefit from this workshop.

APRIL The Little Dream That Doesn’t Mean Anything

TESS CASTLEMAN, MA, LPC

**Friday Talk
 April 12**
 7:30–9:30pm
 Unity of Portland
 4525 SE Stark St

When a dream is forgotten, dismissed, ignored or called names (“worthless, a snippet, stupid, etc.”), important information is lost. A discussion with clinical examples will explore what many miss: the quiet beginnings of consciousness evidenced in what is often overlooked. The beginning of a process is sacred ground to stand upon. We will discuss elements of dreaming that are routinely misunderstood, as well as alchemical parallels, world dreams, and fairy tale imagery.

**Saturday Workshop
 April 13**
 10am–3pm
 Unity of Portland
 4525 SE Stark St

The World Dream

There are a few curious dreams that many people have: losing teeth, being in public without clothes, taking a college final without having gone to class, among others. This workshop will explore what these dreams mean if we omit the ubiquitous response, “Oh, that’s just an anxiety dream.” The dreams present information that corrects, compensates, and/or confronts the world or culture rather than the individual. What are these dreams telling us about our culture, our world? Working in groups, participants will be instructed how to decode these curious universal dreams to see if insight and direction might emerge.