About Oregon Friends of C.G. Jung

The visionary Swiss psychiatrist Carl Gustav Jung (1875-1961) remains a source of inspiration and enlightenment for those who wish to explore the wisdom, creativity, and healing potential of the psyche. Jung invited us to connect with the powerful unconscious energies that move through each of us, are present in our dreams and creative imagination, and speak to us in symbolic language. By engaging in this ner work, Jung believed we are able to discover and integrate our undeveloped or neglected capacities, embody our authentic selves, and gain meaning in our lives.

Since 1974, Oregon Friends of C.G. Jung has invited leading Jungian analysts and scholars from around the world to bring their insightful and innovative perspectives to our community in Portland. OFJ’s annual program season features eight weekends of Friday Talks and Saturday Workshops in which Jungian ideas are explored in depth.

We are a community of people seeking to enlarge and deepen our understanding of life’s challenges and stages through an inner exploration that offers an abiding sense of shared meaning and purpose. We invite you to join us.

BOARD OF DIRECTORS

Our board members come from all walks of life, united in their interest in promoting the spirit of inquiry, which was the hallmark of Jung’s work. Current board members are Rick Brodner, Warren Buss, Jelly Helmi, Rebecca Lam, Brian Lanahan, Jolina Osborne, Leonora Perron, Cleo Reilly, and Katharyn Waterfield. Write to us at info@ofj.org or leave a message at 503-223-3080.

PNSJA ANALYST SEMINARS

Last year, in partnership with the Pacific Northwest Society of Jungian Analysts, OFJ launched a series of three in-depth, small-group seminars, on the topics of Fairy Tales, Symbols, and Individuation. They filled up quickly, with members receiving priority. This year we’re offering a new series. Another reason to join OFJ!

About our Winter/Spring 2020 presenters

Susan Schwartz, PhD

Susan, Jungian analyst and clinical psychologist, graduated from the Jung Institute in Kusnacht. She is a member of the International Association of Analytical Psychology and has developed group programs in Poland and South Africa through them. She gives workshops and lectures in and out of the USA. Susan has articles in various journals and chapters in several books on Jungian psychology and is currently writing a book on absent fathers and their effect on daughters. She has a private practice in Paradise Valley, AZ.

Ann Ulanov, MDiv, PhD, LHD

Ann, Christiane Brooks Johnson Professor Emerita of Psychiatry and Religion at Union Theological Seminary, is a member of the Jungian Psychoanalytic Association and the International Association for Analytical Psychology. With her late husband Barry, she co-authored six books, including The Enraged and the Enraged: Cinderella and Her Sister. Her latest book is The Psybod, Soul and Psyche: Piercing Space/Time Barriers (2017). She received the 2002 Gradiva award for the best book in psychology and religion, Finding Space: Winnicott, God and Psych Reality, and the Oskar Pfister Award from the American Psychiatry Association for her work in depth psychology and religion. She has an analytic practice in New York City.

Jeffrey Kiehl, PhD

Jeffrey is a Diplomate Jungian Analyst and senior training analyst for the C.G. Jung Institute of Colorado and the Inter-Regional Society of Jungian Analysts. He is also an adjunct professor at the University of California, Santa Cruz and an adjunct faculty member of Pacifica Graduate Institute, where he teaches a course on Ecopsychology. He carried out basic research on climate change for forty years. He is the author of Facing Climate Change: An Integrated Path to the Future, which provides a Jungian perspective on climate change, and he has presented internationally on numerous Jungian topics. He lives in Santa Cruz, CA.

Polly Young-Eisendrath, PhD

Polly is a Jungian analyst, psychologist, and psychotherapist in private practice. She is Clinical Associate Professor of Psychiatry at the University of Vermont and the founder and director of the Institute for Dialogue Therapy. Polly is also the chairperson of Enlightening Conversations, a series of conversational conferences which bring together participants from the front lines of Buddhism and psychoanalysis. Polly has published sixteen books and many articles that have been translated into more than twenty languages, including The Self-Esteem Trap: Raising Confident and Compassionate Kids in an Age of Self-Importance and Love Between Equals: Relationship as a Spiritual Path.

For more information, visit our website. Information about our Winter/Spring programs and presenters will be in the OFJ Winter/Spring brochure, December 2019.
**January 17, 2020**

**How to Love a Narcissist**

**SUSAN SCHWARTZ, PHD**

We explore Jung’s concepts of narcissism and its appearance in people who struggle to connect to self and others. Intimacy is compromised, want- ed yet unwanted. Although the person appears con- fident, the inner life is marked by perfectionism, emotional distance and dissociation. We consider unresolved areas of the personality, how life from early trauma, emotional neglect, and negative parental complexes adversely affecting confidence. Such areas promote idealization of others and destroy intimacy while feeding an internal cycle of self-hatred, oppression and envy. How can we accept life with its creative as well as aging pro- cesses and find self-love?**

**February 21, 2020**

**Soul Lost & Found/Soul, Psyche and Projection**

**ANN ULANOVA**

**March 20, 2020**

**Alchemical Ecopsychology**

Jung, Synchronicity and the New Sciences

**JEFFREY KIEHL**

**April 17, 2020**

**Love Between Equals: Relationship as a Spiritual Path**

**POLLY YOUNG-ESIENDRATH**

**May 15, 2020**

**The Myth of Narcissus**

**ANN ULANOVA, MDW, PhD, LHD**

In the West, spiritual and mental life once flowed like one full river of indistinguishable religious and psychological currents. In the early 20th century both Freud and Jung appear on the scene like two ferocious rivers into a depth psychology with each having its own divinity: psyche, soul, spirit and the subservive persistence of soul as part of healing. People seek aliveness from a deep place within that radiates outward to shared existence with others and links to some- thing more. The two rivers now flow as co-existing psyche and soul currents. We need both facing our conscious and our soul that swells in our body and links to collective life and the meaningful, mysterious aliveness at the heart of life.

**June 19, 2020**

**Soul, Psyche and Projection**

**Jung, Synchronicity and the New Sciences**

**JEFFREY KIEHL, PHD**

**July 17, 2020**

**Alchemical Ecopsychology**

Jung, Synchronicity and the New Sciences

**JEFFREY KIEHL**

**August 21, 2020**

**The Myth of Narcissus**

**ANN ULANOVA, MDW, PhD, LHD**

In the West, spiritual and mental life once flowed like one full river of indistinguishable religious and psychological currents. In the early 20th century both Freud and Jung appear on the scene like two ferocious rivers into a depth psychology with each having its own divinity: psyche, soul, spirit and the subservive persistence of soul as part of healing. People seek aliveness from a deep place within that radiates outward to shared existence with others and links to some- thing more. The two rivers now flow as co-existing psyche and soul currents. We need both facing our conscious and our soul that swells in our body and links to collective life and the meaningful, mysterious aliveness at the heart of life.

**September 18, 2020**

**Soul, Psyche and Projection**

**Jung, Synchronicity and the New Sciences**

**JEFFREY KIEHL, PHD**