



# How can we live more consciously?

ROBERT TYMINSKI

## Apocalyptic Themes in Jungian Work with Alienated Boys and Men

MONIKA WIKMAN

## Dreams, Life, Death, and the Alchemical Wedding

JAMES HOLLIS

## The Seven Deadly Sins Viewed through the Lens of Depth Psychology

GARY SPARKS

## The Self in Jung's Ultimate View: The Mythology of Numbers In Dreams

## About Oregon Friends of C.G. Jung

The ideas of visionary Swiss psychiatrist Carl Gustav Jung (1875–1961) remain a source of inspiration and enlightenment for those who wish to explore the wisdom, creativity, and healing potential of the psyche. Jung invited us to connect with the powerful unconscious energies that move through each of us, are present in our dreams and creative imagination, and speak to us in symbolic language. By engaging in this inner work, Jung believed we are able to discover and integrate our undeveloped or neglected capacities, embody our authentic selves, and gain meaning in our lives.

Since 1974, Oregon Friends of C.G. Jung has invited leading Jungian analysts and scholars from around the world to bring their insightful and innovative perspectives to our community in Portland. OFJ's annual program season features eight weekends of Friday Talks and Saturday Workshops in which Jungian ideas are explored in depth.

We are a community of people seeking to enlarge and deepen our understanding of life's challenges and stages through an inner exploration that offers an abiding sense of shared meaning and purpose. We welcome all people, in all stages of life, at all levels of familiarity with Jung's work. We invite you to join us.

Members of Oregon Friends of Jung receive free admission to our season of Friday Talks, discounts to Saturday Workshops, and a host of other benefits. Membership in Oregon Friends of Jung brings you into a vibrant, diverse community of other engaged individuals on the journey to understanding and wholeness. Become a member at [OFJ.org](http://OFJ.org).

### Our history

In the early 1970s, an era of emerging social consciousness and individual exploration, fifty people responded to an ad placed by our founder, Dottie Kyle, in a small, local newspaper, *The Lake Oswego Review*. They gathered under a shade tree in her backyard to share ideas about Jungian psychology. They were hungry for discussion and community. Out of this gathering of seekers, Oregon Friends of Jung was born.

Before long, those early OFJ members began inviting leading Jungians to Portland as a way of nourishing themselves and serving the community. Programs with Joseph Campbell, James Hillman, Edward Edinger, Joseph Wheelwright, Marion Woodman, Thomas Moore, and Robert Johnson attracted attendees from around the state and beyond.

Now in our 46th year, Oregon Friends of Jung is a 300-member volunteer-driven 501(c)(3) non-profit educational organization, with an Executive Director and passionate Board. We remain conscious of the vision of our founders: to serve our community humbly and with few organizational trappings, offering serious Jungian discourse to individuals who are searching for consciousness and meaning in their personal lives and in the world.

### OFJ audio archives

OFJ has always sought the most fresh and innovative Jungian ideas, delivered by speakers with expertise, depth and integrity. Presenters, most of whom are Jungian analysts, often prepare new material especially for us. Since the beginning, we have made audio recordings of these presentations, which has made our audio collection one of the most unique and valued Jungian archives in the world. We are proud to make this collection available to our members through our library as well as streamed on our website.

### The OFJ Fae Dougan Library

Our large collection of Jungian books and journals—many rare and out of print—as well as program recordings and the latest books by recent speakers, are available to the general public at 811 NW 20th Ave., and can be checked out by members. Visit [OFJ.org](http://OFJ.org) to learn more about our library.

### PNSJA analyst seminars

In partnership with the Pacific Northwest Society of Jungian Analysts, OFJ offers a series of in-depth, small-group seminars on Jungian topics such as Fairy Tales, Symbols, and Individuation. These seminars fill up quickly, with members receiving priority. Become a member or sign up for our newsletter at [OFJ.org](http://OFJ.org) to receive the latest information.

## OFJ Winter/Spring 2021 Season



### Apocalyptic Themes in Jungian Work with Alienated Boys and Men

ROBERT TYMINSKI DMH  
JANUARY 15 & 16, 2021

Robert Tyminski is an adult and child analyst member of the C. G. Jung Institute of San Francisco and a past President; he teaches in the Institute's analytic training program. He is a Clinical Professor in the Department of Psychiatry at the University of California at San Francisco. He is a 2016 winner of the Michael Fordham Prize from the Journal of Analytical Psychology. His new book is *Male Alienation at the Crossroads of Identity, Culture and Cyberspace*. His previous book *The Psychology of Theft and Loss: Stolen and Fleeced* was published in 2014 by Routledge. A graduate of Haverford College, Dr. Tyminski recently became a Member of the Haverford Corporation.



### Dreams, Life, Death and the Alchemical Wedding

MONIKA WIKMAN PH.D  
FEBRUARY 19 & 20, 2021

Monika Wikman is a Jungian analyst and astrologer. Author of *Pregnant Darkness: Alchemy and the Rebirth of Consciousness*, she has also contributed chapters, articles and poems to various books and journals, and has co-authored an award-winning screenplay *Rites of Passage* (Moondance film festival, 2010.) She enjoys guiding retreats locally and abroad and lectures on mythology, dreams, wellness, alchemy, and creativity. A graduate of the Jung-von Franz Center for Depth Psychology in Zurich, she is a member of the Northern New Mexico Society of Jungian Analysts and the Inter-Regional Society. At [sbrinkrapradio.com](http://sbrinkrapradio.com) and [SpeakingofJung.com](http://SpeakingofJung.com) you can find seven depth psychology podcast interviews with Monika.



### The Seven Deadly Sins Viewed through the Lens of Depth Psychology

JAMES HOLLIS PH.D  
MARCH 19 & 20, 2021

James Hollis is a Zurich-trained Jungian analyst practicing in Washington, D.C., and author of sixteen books, the latest being *Living an Examined Life and Living Between Worlds: Finding Personal Resilience in Changing Times*. Dr. Hollis is former executive director of the Jung Educational Center of Houston, professor of Jungian Studies at Saybrook University, and vice president emeritus of the Philemon Foundation. His books include *The Eden Project: In Search of the Magical Other*, *Finding Meaning in the Second Half of Life*, *The Middle Passage: From Misery to Meaning in Midlife*, *Hauntings: Dispelling the Ghosts Who Run Our Lives*, and *Mythologems: What Matters Most*.



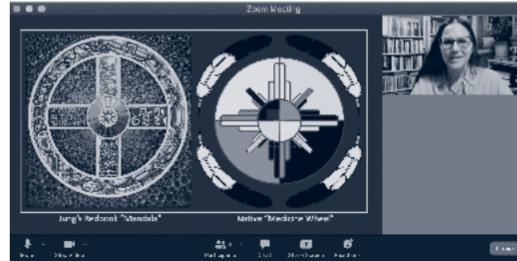
### The Self in Jung's Ultimate View: The Mythology of Numbers in Dreams

J. GARY SPARKS M.DIV  
APRIL 16 & 17, 2021

Gary Sparks is a 1982 diploma graduate of the C. G. Jung Institute-Zürich. He is the author of *At the Heart of Matter: Synchronicity and Jung's Spiritual Testament*, *Valley of Diamonds: Adventures in Number and Time with Marie Louise von Franz*, and *Carl Jung and Arnold Toynbee: The Social Meaning of Inner Work*. As a contributor to the recent Zürich publication of *Jung's Red Book for Our Time*, he finds endless wealth in Jung's inner creative journey. In addition, his interests include: the state of feminine consciousness; the healthy purpose of darkness, depression, failure, and despair; the development and use of creative imagination; the relationship between an individual and society; and the parallels between the new physics and Jung's psychology. He lives and practices in Indianapolis.

## OFJ adapts to the moment

Driving to Southeast Portland on an often-rainy Friday evening or Saturday morning, walking into a cozy lobby, seeing old friends, browsing Jungian books, settling into a favorite seat, listening to gentle music while collecting thoughts, waiting for the sound of the gathering bell... Remember?



Jeanne A. Lacourt  
We Think with our  
Hearts: Reading Jung  
through Native Eyes  
November 2020

This season, as Oregon Friends of Jung holds all events over Zoom, we're doing our best to remain in service to our community while even holding onto a few rituals.

Our lobby is now digital, and members and guests still arrive early to see smiling faces, greet each other through chat, listen to music while sitting comfortably at home, waiting to hear the bell announcing the start of our program. And of course, we continue to host world-class Jungian analysts and authors. In some ways, our guests and their material seem even more present, intimate, and engaging.

We've received enthusiastic feedback about the new OFJ experience and the communal feeling we've managed to create, as well as gratitude from people who can now participate from a distance. Some have even asked us to continue making Zoom available whenever we return to meeting in person.

Things unfold, we adapt, but our purpose remains: Creating a space where the community can gather on the journey to self-understanding and wholeness. We hope you will join us.

### A note about Carl Jung and racism

Racism in Jung's writing and ideas were brought to light as early as 1988 by Dr. Farhad Dalal. In the last year, several Jungian organizations have for the first time publicly acknowledged their failures in seriously addressing these racist ideas and the harm that they have caused. The Oregon Friends of C.G. Jung owns our part in this failure. We disavow the racist ideas in Jung's writings, recognize the pain they have caused, as well as how our failure in adequately addressing them has created a barrier for Black, Indigenous, and people of color (BIPOC) to engage with OFJ and the wider Jungian community. We deeply regret and apologize for not explicitly drawing attention to and denouncing the racism in Jung's work sooner.

The board of the Oregon Friends of Jung is committed to the ongoing work of being an anti-racist organization. We commit to deepening our understanding and enlarging our consciousness of racism in the face of personal and collective trauma. We believe Jung's

concept of psyche provides us a framework to illuminate our individual and cultural shadow, reclaim the projections we put on others, and begin to heal our personal and societal complexes. We welcome your input and will stay in communication as we examine our racial shadow and its implications, and work to better live our values of equity and inclusion, as individuals and as an organization.

## Winter/Spring 2021 program descriptions

All programs are Pacific Coast time

### JANUARY



### The Power of Archetypal Imagery in Video Games

ROBERT TYMINSKI, DMH

Friday Talk  
January 15  
7:00–8:45 pm

We explore common themes around destructiveness in many video games that boys and young men play. These images have archetypal elements that are also represented in Western art. We compare examples to the images in a popular video game *Fortnite*, and show the similarities in form, structure, theme, and coloration. What do such images tell us about destructive imaginings and their grip on the psyche? Many popular video games use apocalyptic settings for a fight for survival, and the centrality of apocalyptic vision for destructive fantasies will be discussed.

### Apocalyptic Themes in Jungian Work with Alienated Boys and Men

Saturday Workshop  
January 16  
10:00 am–3:00 pm

We examine the role of alienation for boys, male adolescents and young men, and how it can shut down access to the inner world. This alienation often leads to encounters in life and in therapy where they feel unable to describe what happens inside them. They prefer to spend hours each day online rather than interacting with real people, as cyberspace becomes an alternate container for their projections of distress. The manifestation of apocalyptic fantasies of destruction will be considered as an expression of pain, rage, and shame that preoccupy many boys and young men.

### MARCH



### Missing the Mark: The Seven Deadly Sins Viewed through the Lens of Depth Psychology

JAMES HOLLIS, PH.D

Friday Talk  
March 19  
7:00–8:45 pm

The word "sin" came originally from an archery term that meant "missing the target," and implied such errant aim arose more from inescapable human limitation than malevolence. This program will explore these most human of experiences—pride, envy, gluttony, lust, anger, greed, sloth—through the lens of analytic psychology, and explore their causes, mechanisms, self-defeating consequences, and their continuing, contemporary challenges to us.

### Portraits in Pathology

Saturday Workshop  
March 20  
10:00 am–3:00 pm

Given that "psychopathology" translates as "the expression of the suffering of the soul," what are the generative forces that produce pathology? What are some examples of common pathologic states? What are our reflexive protections against pathology? What are the challenges of living in a pathogenic world, and with a pathologized soul? We will analyze three "cases" drawn from modern literature, and then examine our own anxiety management systems.

### FEBRUARY



### Dreams, Life, Death and the Alchemical Wedding

MONICA WIKMAN, PH.D

Friday Talk  
February 19  
7:00–8:45 pm

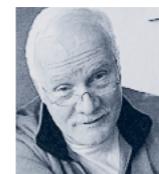
What do dreams, near death experiences and archetypal phenomena surrounding death reveal to us about the mysteries of life, death and the beyond? How do they prepare us for our own death, and for the death of loved ones? When the veils between the worlds become very thin, our world views can alchemically change, opening us to the psychoid and to life changing experiences in the imaginal realms of reality. The experience of the metaphor of death is continually at the center of any authentic and lasting transformation. Alchemy and Jung's work are built around this as the cornerstone of transformational processes, individually and collectively.

### Growing the Subtle Body Before We Die

Saturday Workshop  
February 20  
10:00 am–3:00 pm

We will venture into what von Franz found to be the goal for the second half of life, to grow the subtle body before we die. Teachings from alchemy and Sufism, and from the doorway between life and death will be used as springboards for active imagination and discussion. Applying alchemy, and working with dreams, myths, koans, images from film and the practice of active imagination, we will create an alchemical laboratory for growing one's own experiences of the subtle body realms where spirit and matter together form a psychophysical unitary reality.

### APRIL



### The Self in Jung's Ultimate View: The Mythology of Numbers in Dreams

J. GARY SPARKS, M.DIV

Friday Talk  
April 16  
7:00–8:45 pm

At the end of his life, C.G. Jung jotted down his crowning reflections concerning the Self's inborn capacity to heal. He focused on the mythology of number symbolism in dreams as portraying the Self's deepest creative potential. Too exhausted in his 80s to take the discussion further, he passed these reflections on to Marie-Louise von Franz. His handwritten page has recently come to light and details number symbolism's central importance in the Self's foundation of meaningful living.

Friday's lecture explores Jung's note in his own hand and then surveys von Franz's elaboration of his wider and concluding viewpoint in her book *Number and Time*.

Rich dreams from the analytic practice depicting Jung's final account of the Self complete Saturday's workshop to illustrate the practical, everyday significance of Jung's mature insight.

Our OFJ newsletter has inspiring Jungian quotes, program updates, and more. Subscribe now at [OFJ.org](http://OFJ.org).

## Program & membership details

### Friday Talks & Saturday Workshops

OFJ's Friday Talks provide a stimulating introduction to the speaker and their ideas. Programs run from 7:00–8:45pm, including questions and discussion. Saturday Workshops allow for a deeper and more intimate experience with the presenter and their material, and can include experiential opportunities. Workshops begin at 10am and finish at 3pm, with breaks, including a 45 minute lunch break.

### Event pricing and OFJ memberships

General admission is \$20 for Friday Talks, and \$80 for Saturday Workshops. OFJ Members (\$95) receive free admission to all eight Friday Talks and \$60 admission to Saturday Workshops. OFJ Journey Members (\$275) receive free admission to all Friday Talks and Saturday Workshops.

### Payment

We encourage everyone to purchase their membership and tickets safely and securely online at [OFJ.org](http://OFJ.org). We will also accept checks made payable to "Oregon Friends of Jung" and mailed to 811 NW 20th Ave., Portland, OR 97209. Please include with your check your type of membership, and/or list of programs, as well as your email address and phone number. Confirmation for mail registrations will be sent by email. No refunds offered for Friday talks; written requests for workshop refunds will be honored if received a week in advance, minus a \$15 handling fee.

### Membership benefits

In addition to free admission to Friday Talks and discounted workshop pricing for OFJ Members (Value: \$160), and free admission to all Friday Talks and Saturday Workshops for OFJ Journey Members (Value: \$400), all members receive free online audio streaming of OFJ program archives, and early bird registration for PNSJA Analyst Seminars. Become an OFJ Member today for just \$95, Journey Member for \$275, at [OFJ.org](http://OFJ.org).

### Zoom links

Members and general public must register for events at [OFJ.org](http://OFJ.org). Upon registration, you will receive a Zoom link via email approximately 48 hours in advance. Household members are welcome to join on a single registration. A link to the event recording will be emailed to all registrants and available to view for 72 hours. Contact [zoom@OFJ.org](mailto:zoom@OFJ.org) for tech support and questions.

### CEU credits

We offer Continuing Education Unit credits from National Association of Social Workers (NASW): \$5 for 1.75-hour Friday Talks, \$10 for four-hour Saturday Workshops. Please register for CEU's online at [OFJ.org](http://OFJ.org) at time of registration.

### Scholarships

As part of OFJ's mission to make Jungian material widely available in the community, we are pleased to offer scholarships. Please write to us at [info@OFJ.org](mailto:info@OFJ.org) or call us at 503-223-3080 to apply.

### Welcoming new friends



How were you first stirred by the ideas of Carl Jung? Was it through a Myers-Briggs typology test? Or maybe through Joseph Campbell's work? Or perhaps you were pulled in by Jung's ideas about the unconscious, synchronicity, fairy tales, archetypes, dreams, or even the I Ching?

The Oregon Friends of Jung have managed to stay vital for nearly 50 years by continuing to welcome new friends who are just beginning their personal Jungian exploration.

This year, we're inviting members to spark someone's Jungian journey by offering a free ticket to be shared with someone who has never attended an OFJ event. Do you have a nephew, niece or friend who you believe would be interested in Jung's ideas? Members, watch for our email with information about our New Friend Pass, good for any one of our spring 2021 Friday Talks, or contact [members@OFJ.org](mailto:members@OFJ.org) to find out more.