The ideas of visionary Swiss psychiatrist Carl Gustav Jung (1875–1961) remain a source of inspiration and enlightenment for those who wish to explore the wisdom, creativity, and healing potential of the psyche. Jung invited us to connect with the powerful unconscious energies that move through each of us, are present in our dreams and creative imagination, and speak to us in symbolic language. By engaging in this inner work, Jung believed we are able to discover and integrate our undeveloped or neglected capacities, embody our authentic selves, and gain meaning in our lives. Since 1974, Oregon Friends of C.G. Jung has invited leading Jungian analysts and scholars from around the world to bring their insightful and innovative perspectives to our community in Portland. OFJ’s annual program season features eight weekends of Friday Talks and Saturday Workshops in which Jungian ideas are explored in depth.

We are a community of people seeking to enlarge and deepen our understanding of life’s challenges and stages through an inner exploration that offers an abiding sense of shared meaning and purpose. We welcome all people, in all stages of life, at all levels of familiarity with Jung’s work. We invite you to join us.

Members of Oregon Friends of Jung receive free admission to our season of Friday Talks, discounts to Saturday Workshops, and a host of other benefits. Membership in Oregon Friends of Jung brings you into a vibrant, diverse community of other engaged individuals on the journey to understanding and wholeness. Become a member at ofj.org.

Our history
In the early 1970s, a group of emerging social-consciousness and individual-exploration, fifty people responded to an ad placed by our founder, Dottie Kyle, in a small, local newspaper, The Lake Oswego Review. They gathered under a shade tree in her backyard to share ideas about Jungian psychology. They were hungry for discussion and community. One of this gathering of seekers, Oregon Friends of Jung was born.

Before long, these early OFJ members began inviting leading Jungians to Portland as a way of nourishing themselves and serving the community. Programs with Joseph Campbell, James Hillman, Edward Edinger, Joseph Wheelwright, Marion Woodman, Thelma Moore, and Robert Johnson attracted ardent from around the state and beyond. Now in our 46th year, Oregon Friends of Jung is a 150-member volunteer-driven not-for-profit educational organization, with an Executive Director and passionate Board. We remain conscious of the vision of our founder to serve our community humbly and with few organizational trappings, offering curious Jungians discourse to individuation, and meaningful conversations for their personal lives and in the world.

Our events
Our current offering of events includes talks on Jungian topics such as Fairy Tales, Symbols, and Individuation. These talks, as well as program recordings and the latest books by recent speakers, are available to the general public at 811 NW 20th Ave., and can be checked out by members. Visit our website or call us to learn more about our library.

PNSJA analyst seminars
In partnership with the Pacific Northwest Society of Jungian Analysts, OFJ offers a series of in-depth, small-group seminars on Jungian topics such as Fairy Tales, Symbols, and Individuation. These seminars fill up quickly, with members receiving priority. Become a member or sign up for our newsletter at OFJ.org to receive the latest information.

OFJ audio archives
OFJ has always sought the most fresh and innovative Jungian ideas, delivered by analysts with expertise, depth and integrity. Presenters, most of whom are Jungian analysts, often prepare new material especially for us. Since the beginning, we have made audio recordings of these presentations, which have made our audio archive the most unique and valued Jungian archives in the world. We are proud to make this collection available to our members through our library as well as on our ofj.org website.

The OFJ Fae Dougan Library
Our large collection of Jungian books and journals—many rare and out-of-print—along with program recordings and the latest books by recent speakers, are available to the public at 811 NW 20th Ave., and can be checked out by members. Visit our OFJ.org to learn more about our library.

About Oregon Friends of C.G. Jung
The Oregon Friends of C.G. Jung owns Racism in Jung’s writing and ideas were... and cultural shadow, reclaim the complexes. We welcome your input and cultural projection we put on others, and begin... more from inescapable human limitation than malevolence. The manifestation of apocalyptic fantasies of destruction will produce pathology? What are some examples of common... alternate container for their projections of distress. The... produce pathology? What are some examples of common...