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Jung suggested that the psyche unfolds toward wholeness over the course of a lifetime, and our public programs are presented in the spirit of realizing this possibility at both the personal and collective levels – through a community of understanding. Those who attend our lectures and workshops seek to enlarge and deepen their understanding of life’s challenges and stages with the expectation that this inner work confers an abiding sense of shared meaning and purpose.

Since 1974, our volunteer organization has offered programs by leading Jungian analysts and scholars from around the world who bring their insightful and innovative perspectives to our community in Portland. Our members and our audience-at-large span all walks of life and all levels of familiarity with Jungian psychology.

In addition to our annual program season, we offer an extensive library of books, journals, and recordings of our speakers. We invite you to attend our events and participate in a community of seekers who value an inner life.

OFCGJ Board of Directors
Rick Brodner, Jelly Helm, Brian Lanahan, Garel Nance, Jolinda Osborne, Leonora Perron, Cleo Reilly, Roger Smith, Katharyn Waterfield

For more information
Write to us at info@ofj.org or leave a message at 503-223-3080.

One of our volunteers will get back to you as soon as possible. You can also learn more about us and our programs, and search our library catalog, at our website: www.ofj.org.

About the presenters

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Welcome to Oregon Friends of Jung

Oregon Friends of C.G. Jung: Fall/Winter 2018 program

SEPTEMBER

Friday Talk
September 21
7:30 - 9:30 pm
Unity of Portland
4525 SE Stark St

Active Imagination and the Romantic Poets
THOMAS ELSNER, JD, MA

We will explore the topic of active imagination in Romans poetry, Jungian psychology, and other contemporary expressions in depth. The Jungian approach to active imagination will be explained, and the opportunity given to practice. We will be reviewing the implications and intentions of the Romans poets and philosophers to contemporary debates on religious faith vs. atheism, and a new relationship between mind and nature emerging today in depth psychology, physics, and neurobiology.

Saturday Workshop
September 22
10am - 3pm
Unity of Portland
4525 SE Stark St

In-Between Times: Something Gone, Something Not Yet
THOMAS ELSNER, JD, MA

As individuals, we often find ourselves in in-between times, somewhere between a world we know, and a world that has not yet emerged. These times are hours of crisis, depression, loss, and moments of anxiety. Similarly, cultures, eras, and civilizations go through in-between times. Ours is such a moment in history. How can we recover our roots, sustain our integrity when things fall apart? What abides amid such disorienting times? Together we will reflect on what we may do to recover a sense of personal autonomy when our roadmap withers from our grasp and we feel confused.

What is Depth Psychology and Why It Matters

Continuing Education credit available from NASW. Lecture: $5; Workshop: $10; Lecture & Workshop: $15. Sign up at the event.

October

Saturday Workshop
October 6
10am - 3pm
Unity of Portland
4525 SE Stark St

NOTE: Different venue from Friday Talk

The Shadow of Creativity
FANNY BRESTER, PhD, MIA

When Jung experienced his Animal Muse in the Red Book he declared himself to be a man of science rather than an artist. How do we abandon our creative selves, hiding in Shadow from our creative work? What are the best ways to allow our creativity to come forth even when this emergence may be accompanied by suffering and periods of emotional and spiritual growth that are confusing and challenging? Yet, as Jung did, we see that we must continue our Psyche’delic process if we are to have an authentic life. In our discussion we will share the struggles and lessons of creativity through viewing the creative lives and works of artists as we explore avenues for developing our own creativity.

The Creative Self: Dreams, Secrets and Wishes, a Jungian Workshop

Dreamwork offers an opportunity to express unconscious material. Through active imagination we will enter our dreams and bring into consciousness things we may have forgotten or lost. Our ability to mirror Psyche in our dreams and creative process allows for a richness of Self-expression. We will be invited to share dreams and participate in deepening our individual and group process. This work supports an increase of consciousness between ego and the unconscious, enhancing a more psychological and soul-filled recognition of a true Creative Self.

November

Friday Talk
November 9
7:30 - 9:30 pm
Unity of Portland
4525 SE Stark St

The Shadow of Creativity
FANNY BRESTER, PhD, MIA

December

Friday Talk
December 7
7:30 - 9:30 pm
Unity of Portland
4525 SE Stark St

Dreaming Animals: Individuation in a Jungian Analysis
PENLOPE TARASUK, PhD

...the animal is sublime and, in fact, represents the “sacred” side of the human psyche. The meaning of the animal relates to its being a creature rather than the meaning and function of animals visiting us in dreams or meetings by clients. When animals bring us education, wisdom, honor, terror, or joy, do we dream or imagine mythical beings? What is the relationship between our body and instinctual life that tells us about ourselves, our society and culture? This workshop grew out of Dr. Tarasuk’s deep interest in the appearance of animals in dreams and the lives of patients. Through a series of seminars and books, she explored a profoundly creative woman artist, we will explore the individuation process of her eighteen-year analysis through her dying and conscious death. Epiphany – The direct experience of Deyl – came via dreams and in a vision of an animal whose story is not solely about the life and death of an animal, but about the spiritual support she needed and continues to receive from each of us as we move through our own lives.

Membership & program registration

Membership
A membership in Oregon Friends of Jung brings you into a vibrant, diverse community of other engaged individuals on the journey to understanding and wholeness. Annual (Sept 1, 2018 – Aug 31, 2019) benefits include:

- Free admission to all eight Friday Talks (Value: $160)
- Reduced Saturday workshop fees – some $20 per workshop (Value: $160)
- Library privileges—borrow books, audio/video from our vast collection
- Online audio streaming—listen to archival recordings of OFJ Friday talks
- Reciprocal membership—Jung Society/Seattle and Eugene Friends of Jung

Membership—includes free admission to all eight Friday talks and reduced fees for Saturday Workshops (Value: $220).......................... $95

Journey Membership
This year we are excited to announce a new membership level, the Journey Membership, designed for those seeking deeper engagement with the work of Carl Jung. Journey Members receive all of the above benefits, plus:

- Free admission to all eight Saturday Workshops (Value: $880)

Visit the Faou Dougan Library
Located at 4525 NW 20th Avenue, our library is open to the public on Saturdays from noon to 3 pm, except program and holiday weekends. All are welcome to spend time in our library, though checkout privileges are reserved to OFJ members.

Our outstanding collection of Jungian books and materials, including recordings of past programs, Jungian journals, and the latest books by recent speakers, can be viewed on our online catalog at ofj.org

Become an OFJ subscriber
Create an account at ofj.org to receive updates on our weekend programs and speakers, advance notice of special small group seminars, as well as provocative Jungian ideas. We never share your email address.

Volunteer at an event
OFJs rely on the help of volunteers to deliver these wonderful programs. As a thank you, volunteers receive access to use toward Saturday Workshops. You must be a member to volunteer. Contact us at volunteer@ofj.org

Enjoy our annual spring meeting
Members are invited to join us for our annual LightHearted Event. Enjoy conversation and refreshments with the Board and other members.

Earn CEU credits
Continuing Education credit available from NASW. Lecture: $5; Workshop: $10; Lecture & Workshop: $15. Sign up at the event.

Scholarship information
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Consider a donation
Your financial support allows us to continue the work of bringing renowned analysts and scholars to Portland to illuminate and encourage us on our shared journey. Help keep Jungian thought alive in our community by sharing your living and participating in deepening our individual and group process. This work supports an increase of consciousness between ego and the unconscious, enhancing a more psychological and soul-filled recognition of a true Creative Self.

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Your tax-deductible donation helps cover the cost of our programs. Thank you $10, Lecture & Workshop: $10. Sign up at the event.

Please mail completed form with check payable to Oregon Friends of Jung, 811 NW 20th Ave., Portland, OR 97209. You may purchase memberships and program tickets through our website, ofj.org. Confirmation for check registration will be sent by email. Please ship your membership card at a Friday Talk or Saturday Workshop event. No referrals offered for Friday talks. Written requests for Workshop refunds will be honored if received a week in advance, minus a $15 handling fee.

For directions, a full description of these programs, and info about our Spring 2019 programs, visit ofj.org.